

Meet Our Staff

Tonya Gallup, PT
Tiffany Coon, PT
Elecia Smith, PTA
Teresa Webber, PTA
Danae Pena, PTA
Pearl Richter, Rehab Aide
Linda Privratsky, Rehab Aide
Heidi Schieffer, OT
Missy Brown, OT
Bernie Anderson, COTA

Who Can Benefit From Rehab Services?

People young and old alike are able to benefit from rehab. Through physical therapy, many of our patients see relief in their symptoms such as pain, stiffness, poor endurance, and falls. Through occupational therapy, many of our patients see improvement in independence in all facets of their lives.

How to Start

Please feel free to call us with any questions you may have. We can help point you in the right direction to get you started down a path of improving your independence and life!



Call 406.345.3340

Rehab Services



Physical Therapy and Occupational Therapy

Glendive Medical Center
202 Prospect Drive
Glendive, MT 59330

Phone: 406.345.3340
Toll Free: 800.660.4325

Rehab Services

The rehab services at Glendive Medical Center works with people with many different diagnoses and disabilities. The goal of rehab services is to help prevent injuries, restore mobility, decrease pain, and promote independence. Rehab services works with people of all different ages, from infants to elders to help them reach their goals.

Rehab Services Can Help With...

- Stroke
- Neck and back pain, headaches
- Balance difficulties and incoordination
- Pain from Arthritis
- Muscle strains, sprains
- Sports injuries
- Dizziness
- Women's Health issues
- Post-operative conditions
- Pediatric therapy
- Multiple Sclerosis
- Parkinson's Disease

Physical Therapy Treatment Options

Depending on the needs of the patient, physical therapy may focus on:

- **Therapeutic Exercise** to improve strength, range of motion, or flexibility
- **Coordination and Balance Exercises** to improve walking, decrease falls, and improve independence
- **Aquatic Therapy** for gait, balance, strengthening exercises and much more
- **Vestibular Rehabilitation** for dizziness and balance issues
- **Endurance Exercises** to improve overall fitness
- **Gait Training** to improve balance and to decrease falls
- **Modalities** for pain, stiffness, or swelling
- **Wound Care** for burns, injuries, or diabetic ulcers
- **Women's Health** for incontinence, menopause, pelvic pain, or pre/postpartum care
- **Fitting for a Brace** after surgery or injury

Occupational Therapy Treatment Options

Depending on the needs of the patient, occupational therapy may focus on:

- **Activities of Daily Living** to improve independence with daily tasks
- **Splint Fabrication** for upper extremity injuries
- **Hand Therapy** to treat injuries to the wrist and hand
- **Home Safety Evaluations** to make sure the patient's home is safe to return to
- **Preparing the Patient for Home and Community Re-Entry**
- **Therapeutic Exercise** to improve strength, range of motion, and fine/gross motor coordination
- **Arthritis Management**
- **Wheelchair Positioning Assessments**
- **Assess Adaptive Equipment Needs**
- **Pediatric Therapy** in the clinic or at school
- **Ergonomic Assessments** and implementing changes to improve body positioning