

# ANNUAL WELLNESS PANEL OPTIONS

## Annual Wellness Panel - \$50

Includes: Glucose, BUN, Creatinine, Calcium, Magnesium, Phos, Uric Acid, Total Bilirubin, Direct Bilirubin, Total Protein, Albumin, Lactate Dehydrogenase, ALT, AST, Alk Phos, Cholesterol, Triglycerides, HDL and calc. LDL, TSH and a CBC.

## PSA - \$25

Prostate-specific antigen, or PSA, is a protein produced by cells of the prostate gland. The PSA test measures the level of PSA in a man's blood. The blood level of PSA is often elevated in men with prostate cancer, a number of benign (not cancerous) conditions can cause a man's PSA level to rise. A physician can determine if additional work-up is necessary after reviewing your PSA. It is important to know that prostatic carcinoma can be neither ruled in nor ruled out by measuring a PSA. An elevated result does not absolutely imply the presence of disease, nor does a normal result imply absence of disease.

## Anemia Panel - \$45

Includes: Iron, Vitamin D, Total Iron Binding Capacity, calc. Transferrin (Reflex to Ferritin), Vitamin B12 and Folate. The Ferritin, Iron and Total Iron Binding Capacity tests work together to indicate if you have an iron deficiency, which is the most common form of anemia.

It is estimated that approximately 3 million people in the United States suffer from anemia. Anemia is a lower than normal red blood cell count or the lack of hemoglobin in your red blood cells, resulting in a wide range of symptoms. Anemia can cause fatigue, headaches, shortness of breath, dizziness, rapid heartbeat, and a number of other symptoms. There are several different types of anemia, such as dietary deficiency anemia, pernicious anemia and megaloblastic anemia. It can also be caused by other conditions such as pregnancy, certain medications, alcohol abuse and intestinal diseases.

## A1C - \$20

The A1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycated (glycosylated) hemoglobin. The A1C test is a common blood test used to diagnose type 1 and type 2 diabetes and then to gauge how well you're managing your diabetes. The A1C test result reflects your average blood sugar level for the past two to three months.