



Eastern Montana Veterans Home firmly believes that this is our resident's home. With that in mind, we make the following recommendations when placing your family member with us.

➤ **We encourage his/her room to be decorated in a home-like fashion with personal belongings:**

- a. Family pictures
- b. Favorite chair
- c. Homemade quilt/afghan(washable)
- d. Personal mementos
- e. Chest of drawers
- f. Photo albums
- g. Pillows
- h. Knick-knacks or collectibles (limited room)
- i. Hobby items (Please check with Admissions to ensure hobby items are safe for the facility).
- j. Radios, tape and/or CD players.

➤ **Personal Clothing Recommendations:**

- a. Clothing material that is easy to launder (i.e., cotton/polyester blend)
- b. Clothing that promotes independent dressing (i.e., sweat pants, Velcro, side zippers, slip-on shirts) or clothing that reflects his/her own style.

The following is a suggested list of items to bring:

- |                                 |                        |  |
|---------------------------------|------------------------|--|
| 5 – 7 – Dresses, shirts & pants | 6 – Pairs of Underwear | 2 – Pair of gripper socks                      |
| 2 – Sweaters                    | 6 – T-Shirt            | 1 – Jacket for the season if going on outings. |
| 3-5 – Pajamas or nighties       | 3-5 – Bras             |  |
| 1 – Robe or duster              | 1 – Pair of Shoes      |  |
| 6 – Pairs of socks              | 1 – Pair of Slippers   |  |

Social Services have other resources for specialized clothing.

- d. Items that need to be *avoided* bringing in are:
  - ✓ ***Wool items***
  - ✓ ***Dry cleaning items***
  - ✓ ***Sandals/Shoes with heels***
  - ✓ ***Shoes with no traction***
  - ✓ ***Long nightgown or robes***

➤ **Personal Hygiene Recommendations:**

The following listed is a suggested list of items to bring:

- Electric razor
- Any special shampoo
- Any special Hand/body lotion
- After shave lotion
- Any special toothpaste
- Perfume (Expensive perfume is discouraged)

- Clothing will be marked by the facility. We have iron on labels that will have the individuals name on them. They wear better with the washing than a black marker.
- We encourage residents to pursue past interests such as playing cards, letter writing, crocheting, knitting, reading magazines, pool, photography, woodworking, gardening, listening to radios or tape players. Some hobby items may need approval from the facility prior to bringing them in to the facility. Please check with Social Services.
- We promote individual spiritual preference and encourage visits from pastors and church friends.
- We promote cultural preferences. If resident would like to participate in any cultural activities, please notify Social Services and accommodations will be made.
- Children and pets have a special connection to the hearts of our residents. Frequent visits by both are welcomed and appreciated. Prior to entering the facility, pets must have proof of current vaccinations and must be approved by the facility for visit. Please contact Social Services for more information.
- We believe family involvement and participation in care planning is important in enhancing quality of life. Care plans are held at least quarterly. We encourage families to address questions as they arise and request family meetings sooner than every quarter for issues to be addressed immediately.
- State regulations prohibit certain items from being in residents' rooms. This is a safety issue and concern. Please confer with Social Services about any electrical items, throw rugs, fans, smoking items, alcohol, knives, guns, clippers, scissors, etc. Heating pads, electric blankets and personal refrigerators are not allowed.
- Please keep family heirlooms and valuables safe at home so they are not misplaced, lost or broken (i.e., jewelry, vases, china, etc.) Money is discouraged in resident's rooms, but a resident trust fund may be set up. The facility will also be able to provide the resident with a lock box at their request.
- Please remember (after admission) to keep his/her wallet with identification cards safe at home.