Thank you for using our Telehealth services. This guide covers how to join Microsoft Teams for a telehealth visit with your provider using a computer.

1. **Open Meeting Email**
   Open your email and click “Join Microsoft Teams Meeting” link located in email.

2. **Join on Web**
   Click on the “Join on the web instead” button.

3. **Enter Your Name**
   Enter your display name and enable your audio and video. Click “Join Now”.

4. **Wait For Meeting To Start**
   One of the hosts will admit you into the room. You should now be in the meeting.