



Eastern Montana Veterans Home firmly believes that this is our resident's home. With that in mind, we make the following recommendations when placing your family member with us.

➤ We encourage his/her room to be decorated in a "homey" fashion with personal belongings such as:

- a. Family pictures
- b. Favorite chair
- c. Homemade quilt/afghan (washable)
- d. Personal mementos
- e. Chest of drawers
- f. Photo albums
- g. Pillows
- h. Knick-knacks or collectibles (limited room)
- i. Hobby items
- j. TV, radios, tape and/or CD players with a surge protector strip.

➤ Personal Clothing Recommendations:

- a. Clothing material that is easy to launder (i.e., cotton/polyester blend).
- b. Clothing that promotes independent dressing (i.e., sweat pants, Velcro, side zippers, slip-on shirts) or clothing that reflects his/her own style.

The following is a suggested list of items to bring:

- | | | |
|---------------------------------|---|--------------|
| 5 - 7 - Dresses, shirts & pants | 3 - 5 - Bras | 6 - T-shirts |
| 3 - 5 - Pajamas or nighties | 6 - Pairs of socks | 2 - Sweaters |
| 2 - Pairs of gripper socks | 1 - Robe or duster | |
| 1 - Pair of shoes | 1 - Pair of slippers | |
| 6 - Pairs of underwear | 1 - Jacket for the season if going on outings | |

Social Services has other resources for specialized clothing.

Items that need to be **avoided** bringing in are:

- ✓ **Wool items**
- ✓ **Dry cleaning items**
- ✓ **Sandals/Shoes with heels**
- ✓ **Shoes with no traction**
- ✓ **Long nightgowns or robes**

➤ Person Hygiene Recommendations

The following is a suggested list of items to bring:

- Electric razor for men
- Any special shampoo
- Any special hand/body lotion
- Aftershave lotion
- Any special toothpaste
- Perfume (Expensive perfume is discouraged)

➤ Clothing will be marked by the facility. We have iron-on labels that will have the individual's name on them. They wear better in the wash than black laundry marker.

➤ We encourage residents to pursue past interests such as playing cards, letter writing, crocheting, knitting, reading magazines, pool, photography, woodworking, gardening, listening to radios or tape players. Please bring any items of interest.

➤ We promote individual spiritual preferences and encourage visits from pastors and church friends.

➤ We promote cultural preferences. If residents would like to participate in any cultural activities, please notify Social Services and accommodations will be made.

➤ Children and pets have a special connection to the hearts of our residents. Frequent visits by both are welcomed and appreciated. Prior to entering the facility, pets must have proof of current vaccinations.

➤ We believe family involvement and participation in care planning is important in enhancing quality of life. Care plans are reviewed at least quarterly. We encourage families to address questions as they arise and request family meetings sooner than every quarter for issues to be addressed immediately.

➤ State regulations prohibit certain items from being in residents' rooms. This is a safety issue and concern. Please confer with Social Services about any electrical items, throw rugs, fans, smoking items, alcohol, knives, guns, clippers, scissors, etc.

➤ Please keep family heirlooms and valuables safe at home so they aren't misplaced, lost or broken (i.e., diamond rings, vases, china, etc.). Money is discouraged in residents' rooms, but a resident trust fund may be set up.

➤ Please remember (after admission) to keep his/her wallet with identification cards safe at home.

➤ For more complete information please read the enclosed Information Booklet.